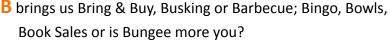


## A to Z of Fundraising

Below are just some of our fundraising thoughts – be it making or baking or your favourite sports; Though there's many more ways, we're sure you'll have a lot, of ideas to help the Sullivan's Heroes' pot; And all monies raised will help disabled children, who need vital adaptations to their home building. So here we go with our A to Z list; but please let us know all those that we've missed!

A is for Auctions, Abseiling or Arts; Aerobics or Afternoon Tea – yum, let's make a start!



C could be Challenges, Canoeing, Chess, Cycling; Coffee mornings,
Crafts, Colour-athons, Cake sales, Car Boot Sales and Car Washing;

D might be Discos, Dancing or Darts; Dragon Boat Racing, a Day at the Races, Diets or Draughts;

E is for Events, whatever your liking; or Eggs – hunt, race or paint them– you could make them quite striking!

F finds us Fashion shows, Fancy Dress, Fetes and Fairs; Football; Firewalks, Fireworks, Fitness and Fun Runs, by yourself or in pairs?

**G** gives us Golfing, Go-Karting or Games; like Guess the Weight, or the Teddy Bears names;

H hails us Hikes, Hair Dyeing or Halloween fun; or Hunting – for Eggs,

is for Indoor Games or Ice Cream Sundae making in the sun; perhaps an Ice challenge or Ice-skating fun;

J is for Jumble Sales, Judo or a Jog; a Joke Jumper day at work will get your colleagues all agog!

Toys, Treasure or Team-mates, one by one!

K could be Knitathon to make something warm; Kite-flying; Karaoke;

Kayaking, or cook up a Kitchen Party storm;

Lis for Local events – arrange one in the area you're in; Lunches, Line dancing, Ladies Days, or donate a Lottery Win?

M might be Magic or Music events to meet your style; or a Murder-Mystery night to keep friends guessing for a while;









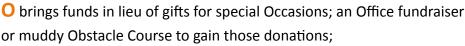


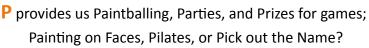


## Sullivan's Heroes A to Z of Fundraising

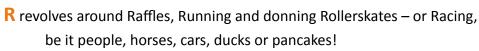


N brings you Nights, in or out, whatever you're after – Music, Movies, Themed Dinners, Casino, Cocktails or Comedy for some laughter!





Q is for Quiz events – it's question time; or Quitting a vice, be it chocolate or wine;



**S** is for Sponsorship, for events and many sports

- Singathons, Silence, Skydiving, Slimming, Swimming, Shaving, Sailing - there's all sorts!

T throws us Trekking, Trampolining, Tea Parties and Tiddlywinks; then add Triathalon, Tombolas and Talent Shows into the mix;

U might be selling Upcycled items to give them a lift; Unicycling, a UV run or sell an Unwanted Gift;

V is for Variety shows, Volleyball, or Volunteer for odd-jobs; help out the neighbours with their bits and bobs;

W is for Waxing, or Walking – yourself or neighbours' dogs; or on the Wing of a Plane if that ticks your box!

X is for Xmas – donate in lieu of sending cards or giving gifts; same for a birthday if you could give a present a miss?

Y is for Yoga and Yo-Yo fun – and 'YES'; whatever your event, you CAN get this done!

**Z** is for Zumba, Zorbing, Zip-wire or a Zombie run; or forego a night's Zzzzzz ...for a 24 hour-athon.





Set up your fundraising page for your event through our website.

Download our sponsor form from our website.

Or get in touch with us at: hello@sullivansheroes.org

