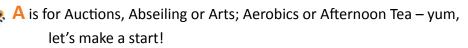
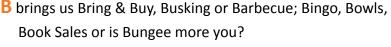
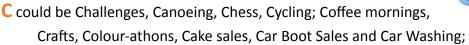


A to Z of Fundraising

Below are just some of our fundraising thoughts – be it making or baking or your favourite sports; Though there's many more ways, we're sure you'll have a lot, of ideas to help the Sullivan's Heroes' pot; And all monies raised will help disabled children, who need vital adaptations to their home building. So here we go with our A to Z list; but please let us know all those that we've missed!

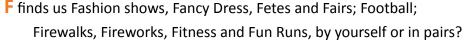






D might be Discos, Dancing or Darts; Dragon Boat Racing, a Day at the Races, Diets or Draughts;

E is for Events, whatever your liking; or Eggs – hunt, race or paint them– you could make them quite striking!



G gives us Golfing, Go-Karting or Games; like Guess the Weight, or the Teddy Bears names;

H hails us Hikes, Hair Dyeing or Halloween fun; or Hunting – for Eggs, Toys, Treasure or Team-mates, one by one!

is for Indoor Games or Ice Cream Sundae making in the sun; perhaps an Ice challenge or Ice-skating fun;

J is for Jumble Sales, Judo or a Jog; a Joke Jumper day at work will get your colleagues all agog!

K could be Knitathon to make something warm; Kite-flying; Karaoke;

Kayaking, or cook up a Kitchen Party storm;

Lis for Local events – arrange one in the area you're in; Lunches, Line dancing, Ladies Days, or donate a Lottery Win?

M might be Magic or Music events to meet your style; or a Murder-Mystery night to keep friends guessing for a while;







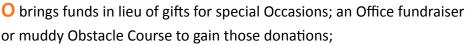


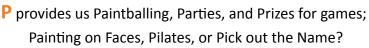


Sullivan's Heroes A to Z of Fundraising



N brings you Nights, in or out, whatever you're after – Music, Movies, Themed Dinners, Casino, Cocktails or Comedy for some laughter!





Q is for Quiz events – it's question time; or Quitting a vice, be it chocolate or wine;

R revolves around Raffles, Running and donning Rollerskates – or Racing, be it people, horses, cars, ducks or pancakes!

S is for Sponsorship, for events and many sports

Singathons, Silence, Skydiving, Slimming, Swimming, Shaving, Sailing – there's all sorts!

T throws us Trekking, Trampolining, Tea Parties and Tiddlywinks; then add Triathalon, Tombolas and Talent Shows into the mix;

U might be selling Upcycled items to give them a lift; Unicycling, a UV run or sell an Unwanted Gift;

V is for Variety shows, Volleyball, or Volunteer for odd-jobs; help out the neighbours with their bits and bobs;

W is for Waxing, or Walking – yourself or neighbours' dogs; or on the Wing of a Plane if that ticks your box!

X is for Xmas – donate in lieu of sending cards or giving gifts; same for a birthday if you could give a present a miss?

Y is for Yoga and Yo-Yo fun – and 'YES'; whatever your event, you CAN get this done!

Z is for Zumba, Zorbing, Zip-wire or a Zombie run; or forego a night's Zzzzzz ...for a 24 hour-athon.





Whatever the fundraising idea you choose; thank you so much from Sullivan's Heroes.

Set up your fundraising page for your event through our website.

Download our sponsor form from our website.

Or get in touch with us at: hello@sullivansheroes.org

